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Bulletin

OF THE

National Tuberculosis Association

Vol. IX FEBRUARY, 1923 No. 2

Mid-Year Meeting of the Board of Directors

Meetings of the Executive Committee and the Board of Directors of the National Tuberculosis Association were held in St. Louis on January 13th. Among the matters considered by the Board of Directors were the following:

1. The budget of the Association for the year 1923 was adopted, totaling $268,901. In addition to the funds necessary for the various services or departments of the Association, the following miscellaneous budgets were voted: American Review of Tuberculosis, $20,393; Journal of the Outdoor Life, $17,000; Committee on Medical Research, $6,000; appropriations to other agencies (National Health Council, National Child Health Council, etc.), $3,350; revolving fund, $10,000.

2. A new supply service was created for the purchase and sale of books, pamphlets, and supplies for the seal sale, Modern Health Crusade, etc., and the Managing Director was authorized to transfer the money already set aside in the revolving fund to a capital account which will be kept intact for the service. As will be noted above, the further sum of $10,000 was voted to be added to the capital account. It was also voted to endeavor to secure an additional sum of $50,000 to finance the supply service.

3. The dates for the Annual Meeting of the National Tuberculosis Association in Santa Barbara, Cal., were fixed for June 20, 21 and 22, and if necessary the morning of June 23.

4. It was voted that the qualifications for affiliated and represented associations, as contained in Article IV of the by-laws, be suspended from the Annual Meeting of the Association in 1923 for the year ending with the Annual Meeting of 1924. This resolution provides for suspension for an additional year, as the qualifications had already been suspended for a period ending with the Annual Meeting in 1923.

5. A resolution was passed authorizing Dr. Linsly R. Williams to represent the National Tuberculosis Association on the Common Service Committee of the National Health Council in place of Dr. Charles J. Hatfield.

6. A special committee was authorized to report on a proposed modification of the definition of tuberculosis work as contained in the Christmas seal contract between the National Tuberculosis Association and its affiliated associations.

Important Changes in Membership and Review Status

The Executive Committee and the Board of Directors of the National Tuberculosis Association, at their meeting on January 12th and 13th, took action changing the basis and the price of the American Review of Tuberculosis, and also the basis of distribution of free literature to members.

Membership

For several years the National Tuberculosis Association has made a practice of giving to its members a considerable amount of literature with their membership. The rising cost of printed matter has placed the Association in a peculiar position. Where in many instances the member takes advantage of all of his privileges with reference to free literature, the $5.00 annual dues does not cover the cost of the printed matter furnished.

In view of this fact and also in order to make the funds of the National Association as productive as possible, the Board of Directors decided that hereafter members of the Association, both new and old, would be entitled to receive only the Journal of the Outdoor Life and the Monthly Bulletin free with their membership dues. Members will receive preferential consideration as to price with regard to other publications of the Association, including the Transactions.

The Review

The American Review of Tuberculosis was founded in March, 1917, after several unsuccessful attempts had been made to publish a scientific journal devoted to tuberculosis, and since that date has been published and subsidized by the National Tuberculosis Association. The National Association was more than willing to underwrite this scientific journal during the early stages of its career, for it believed and still believes that it is a matter of great importance that there should be a medium for the publication, not only of the large amount of original work of various kinds on tuberculosis, but also for the publication of a comprehensive abstract section on all phases of the tuberculosis problem.

The aims of the editors and the Association in promoting the Review have been largely realized, for the Review has developed remarkably and its size and quality have constantly improved.

Notwithstanding the success of the Review in meeting a great need, it has been published at a steady loss which has increased with the rise in cost of paper and printing and with the increase in size. The present volume of the Review (Volume VI) consists of twelve numbers and will include approximately 1,200 pages of original matter and 300 pages of abstracts and an index of over 80 pages. This material has been furnished to the members of the Association for $3.00 and to non-members for $6.00 per annum. It has actually cost us over $12.00 to put the 1922 volume in the hands of subscribers.

For two years the director's have been considering various possibilities for reducing the cost of the Review or for increasing its income. The subvention granted to the Review by the Association in 1920 was $6,000; in 1921, $12,000, and in 1922, $15,000. The subscribers to the Review number approximately 1,300, and from this source the Review receives $4,800. Advertising, the only other source of income, nets about $1,000 more. Contrasted with these figures the printing bill alone during 1922 will be over $10,000. The Association and the editorial staff feel that the subscribers to the Review will be glad to share a part of this deficit so that the Association may be able to expend the money that may be saved for other necessary activities. The Executive Committee of the Association has had this matter under advisement for over a year and has recently passed the following resolution:

Resolved, That the subscription price of the American Review of Tuberculosis be increased to $4.00 per volume for members and non-members, that two volumes of from 600 to 750 pages each be published annually, and that this increase in price take effect as soon as possible.

It has been decided, therefore, to increase the price of the Review, beginning with Volume VII, March 1, 1923. All subscribers, whether members or non-members, will be asked to renew their subscriptions to the Review at the new price. Subscribers whose subscriptions expire prior to March 1, 1923, will be permitted to renew their subscriptions at the old rate. Those whose subscriptions ex-

(*Continued on page* 6)

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Important Changes in Membership and Review Status

(*Continued from page 5*)

pire after March 1st will be expected to pay $4.00 per volume. Two volumes will be published each year, beginning with the March and September issues respectively. Subscriptions will be accepted beginning with these issues only.

It is sincerely hoped that the subscribers to the Review will continue to take the same active interest in the Review and will renew their subscriptions for the coming year. Even if all the present subscribers renew their subscriptions at the increased rate, the Association will still be compelled to grant a substantial subvention in order to maintain the Review at its present high standard.

Guide Book for Annual Meeting

A guide book or directory of information for those who are planning to attend the annual meeting has been prepared by the National Association. The book is entitled, "Stop, Look and Learn." It contains information about places of interest to tuberculosis and public health workers, going and coming from Santa Barbara. The institutions and agencies dealing with tuberculosis and related problems are described under the headings of the various cities in such a way that those who are interested in various phases of tuberculosis can easily determine what points of interest are worth visiting. The guide book will be sold by the National Tuberculosis Association.

American Sanatorium Association Meeting

The spring meeting of the American Sanatorium Association will be held on Tuesday, June 19th, at the Arlington Hotel, Santa Barbara, Cal. Further details regarding the meeting may be obtained on application to the Secretary of the Association, Dr. Edward S. McSweeny, 132 East 36th Street, New York City.

Reduced Fares for Annual Meeting

The following letter from the Trans-Continental Passenger Association, through Mr. E. L. Bevington, Chairman, has been received by the National Tuberculosis Association:

"Referring to your application for excursion fares for the occasion indicated in heading hereof:

The question of fares for delegates to conventions and meetings to be held on the Pacific Coast and for summer excursionists moving between the middle of June and the middle of September, 1923, has been given consideration by Trans-Continental Lines, and it has been decided to make a substantial reduction in such fares during the summer season of 1923.

The sale dates of summer excursion tickets will be May 15th to September 15th inclusive; the return limit will be October 31, 1923.

The following are examples of summer excursion fares which will apply during the coming season. These fares are only slightly in excess of one fare for the round-trip and therefore effect a material saving to the traveler:

From	To San Francisco, Santa Barbara, Los Angeles, Oakland, San Diego, Long Beach	To Portland, Tacoma, Seattle	To Vancouver and Victoria
Chicago, Ill.....	$86.00	$86.00	$86.00
Kansas City, Mo..	72.00	72.00	78.00
Memphis, Tenn...	85.15	94.05	94.05
Minneapolis, Minn.	87.50	72.00	72.00
New Orleans, La..	85.15	107.00	107.00
Omaha, Neb.....	72.00	72.00	77.50
St. Louis, Mo.	81.50	81.50	81.50
St. Paul, Minn....	87.50	72.00	72.00

Summer excursion tickets permit stopovers at all points on going and return trip within final return limit.

Summer excursion fares and arrangements will be available to delegates and visitors attending your convention.

Attention is invited to the fact that these fares are materially lower than the general convention basis and should encourage and stimulate travel to your convention as well as general travel.

It is recommended that delegates to your convention confer with their home ticket agents who will be able to give them more detailed information regarding fares, routes, attractions, etc. This information, of course, will not be in the hands of the ticket agents until some time after the first of April, but they will have it sufficiently in advance of your convention to enable delegates to complete their transportation arrangements satisfactorily."

Further inquiry on certain points was made of Mr. Bevington and a subsequent letter clears up some of the points in question.

He says:

"The excursion fares which have been adopted by the Trans-Continental Lines apply in all territory west of and including Chicago, St. Louis, Memphis and New Orleans. These fares have been tendered to connecting lines, and it is probable that they will accept them and authorize similar through fares from points in their territory."

Mr. Bevington is unable to give the exact fare from New York and Atlantic Coast points at this time, but he estimates that it will probably be about the same as last year, that is, $138.32 to Santa Barbara. This fare and the fares shown in the above table are round-trip summer excursion fares, applying via direct route only. The fares for tickets via southern route and return via northern route, or vice versa, are approximately $18.00 higher than those applying, going and returning via direct routes.

Those who are planning to go can secure detailed information from their local ticket agents. An effort will be made by the National Tuberculosis Association to make up special parties from New York, Chicago and other centers if there is sufficient interest. Those who are interested in joining parties of this character should communicate at once with the National Tuberculosis Association.

N. T. A. Delegates Invited to Barlow Sanatorium

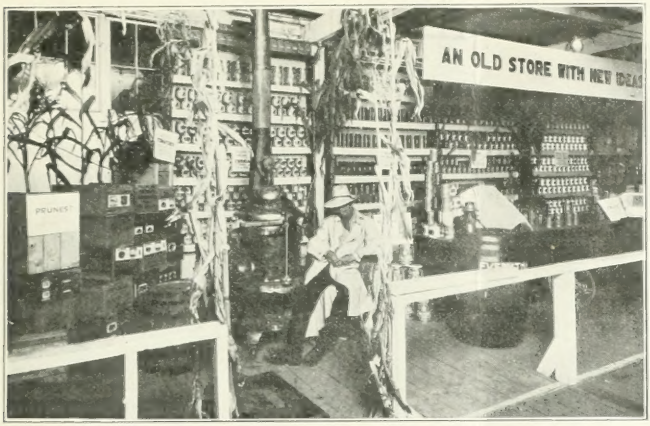
Dr. W. Jarvis Barlow has invited the delegates attending the Nineteenth Annual Meeting of the National Tuberculosis Association at Santa Barbara, to visit the Barlow Sanatorium, Los Angeles, Cal. For those who wish to take advantage of this invitation, special buses will be provided from the Hotel Alexandria, Los Angeles, at 10:00 A. M. and 2:00 P. M., which will take the visitors to the sanatorium. The exact dates upon which this service will be available will appear in the annual meeting directory which is now being prepared by the National Tuberculosis Association.

Additional Hotel Information

The following hotels not mentioned in the January BULLETIN are recommended by the Santa Barbara Chamber of Commerce: European Hotel, $1.00 per day up—Neal, Riviera, Virginia, Barbara; American Plan, $3.50 per day up—Upham, Gregson, Rockwood; Bungalow Plan—El Mirasol—$12.00 per day up, Miramar—$7.00 per day up.

Special Excursion Parties to Annual Meeting

If the demand is sufficiently large, a number of special parties for the annual meeting will be arranged. Through cars from New York or other eastern points can be secured. There will, of course, have to be enough persons going together to make it worth while chartering a car. Those who are planning to attend the meeting, particularly from eastern or middle western points, will greatly facilitate arrangements by notifying the office of the National Association at the earliest possible moment.



THE GENERAL STORE OF THE RAMSEY COUNTY PUBLIC HEALTH ASSOCIATION, ST. PAUL, MINN., WHICH EXHIBITED THE HEALTHFUL FOODS THAT EVERY HOUSEWIFE OUGHT TO KNOW

Novel Food Exhibit

Every grocer carries in his shop the sort of foods that make strong, sound bodies, but every housewife does not know what these foods are. The Ramsey County Public Health Association, St. Paul, Minn., therefore, built a food exhibit which was equipped like the well known country store and whose attendant resembled the well known country storekeeper. Every variety of wholesome food that is known to nutrition experts and that is handled by the average small store owner, was placed on the shelves with labels advertising its nutrition values. Canned goods, preserves, cereals, green vegetables in season, all these were shown in the association's shop. The storekeeper presented visitors with a six-inch "health ruler," on the face of which danced a row of the most healthful foods, and which bore the slogan

"Green vegetables, milk, and a cereal bowl,
Help children to reach the good health goal."

"Make the meal time gay and happy to promote good digestion; put aside all worry and cares, discipline and fault-finding.

"Observe regular habits about the movement of the bowels, eat plenty of bulky and chewable foods (fruits, vegetables), to prevent or overcome constipation.

"Watch your weight," warned the posters at the exhibit, "figure the daily amount you eat in calories. In general an adult needs 15 to 20 calories per pound of normal weight. If you are too heavy cut down on the food." Visitors were weighed and measured and given a printed weight card showing what they should weigh for their height and age.

Dieticians were in attendance at the exhibit throughout the week and thousands of citizens took advantage of the opportunity to plan revisions of their menus at home and at downtown eating places.

Hygeia, a New Health Journal

Will be the title of a new popular magazine on health to be published by the American Medical Association. Physicians throughout the United States and other health workers are enthusiastic in their endorsement and encouragement of the undertaking and have offered their cooperation in promoting circulation of the new publication.

As an introduction to "Hygeia," physicians are offered the privilege of ordering subscriptions for lay friends or patients at a special rate.

In the January "Bulletin" we announced incorrectly the name of the new child welfare association. Two words were taken from the name of the Child Health Organization and two from the American Child Hygiene Association: so that the new name is AMERICAN CHILD HEALTH ASSOCIATION.

Information About California

The Californians Incorporated, a non-profit-making organization of California individuals and institutions, will gladly send to any who are planning to attend the annual meeting information about that state. They have a number of unusually attractive booklets which may be had on request. Address Californians Incorporated, 507 Hutton Building, San Francisco, Cal.

Post-Graduate Course in Tuberculosis Nursing

A post-graduate course in tuberculosis nursing has been established at Seaview Hospital, Staten Island, N. Y. The course requires four months of work, upon completion of which a certificate will be awarded. An allowance of $60.00 per month is allotted to the student and maintenance is provided during this time. Classes will form February 1st and October 1st.

Only graduates from nursing schools of recognized standing will be admitted. It is hoped that from this course of tuberculosis nursing, the great need for more nurses especially trained in tuberculosis work can be at least partially supplied.

Canadian Health Congress to Meet in June

The Canadian Tuberculosis Association will endeavor to arrange the dates for the meeting of the Canadian Health Congress in Alberta, so that there will be one week between it and the meeting of the National Tuberculosis Association in Santa Barbara in June. Such an arrangement will make it feasible for eastern Canadian and United States tuberculosis workers to plan to attend both meetings. Plans are also being discussed to have the Canadian Child Welfare Week in Winnipeg occupy Monday, Tuesday, and Wednesday of the same week the Canadian Public Health Conference meets in Alberta.

Syracuse, N Y., Selected for Tuberculosis Demonstration

Syracuse, New York, will be the site for the first "second-class city health and tuberculosis demonstration" to be conducted by the Milbank Memorial Fund. The technical board of the Milbank Fund, with the cooperation of the state department of health and the State Charities Aid Association, is already developing a program and budget for the Syracuse demonstration, and it is expected that active operations will shortly be initiated, primarily under the auspices and with the leadership of the local health authorities.

National Health Council Officers Elected

At the Annual Meeting of the National Health Council held in New York on January 6th, Dr. Lee K. Frankel was elected chairman of the Council to succeed Dr. Livingston Farrand. Dr. Frankwood E. Williams, Medical Director of the National Committee for Mental Hygiene, was elected vice-chairman to succeed Dr. Frankel. Dr. S. J. Crumbine, Secretary of the Kansas State Board of Health, was re-elected secretary of the Council, and Dr. William F. Snow, Director of the American Social Hygiene Association, was re-elected treasurer.

Modern Health Crusade
DEPARTMENT

Spirit of Jousting Sweeps the Country

The tuberculosis associations of Arizona, Indiana and Oklahoma are offering cups to stimulate the enrollment of Crusaders throughout their respective states. In Arizona an intercity and inter-county contest is under way, with the prize a silver cup to be awarded by the state association. Iowa and Denver must look to their laurels if they would hold the Crusade cups they won last year!

In Indiana, Mr. William G. Irwin, a banker of Columbus and a member of the Board of Directors of the National Tuberculosis Association, has donated a cup to be awarded by the Indiana Association to the county enrolling the largest number of Crusaders in proportion to the school enrollment. Mr. Irwin has agreed to give a new cup each year, to be known as the Irwin Cup.

The Oklahoma Association is conducting a state tournament and will award a silver loving cup to the winner. The county of Oklahoma, in which is located Oklahoma City, is holding a county tourney.

The new school term just starting marks the practical completion of the first National Tournament in Health Knighthood for this school year. The closing date is February 25th. The formal opening of the second National Tournament was on New-Year's Day, but its actual start in many schools will take place with the beginning of the new school semester. The closing date of the second tournament is June ninth. Any fifteen consecutive weeks within this period may be chosen over which to submit class records. The final date for entry is February 24th.

Teachers whose classes are competing for honors in the first National Tournament are reminded that their reports in full on the official report forms are to be sent before March 14th to the office of the tuberculosis (or public health) association for the state in which the school is located. The state associations, after arranging and classifying the reports, will forward them to the office of the National Association.

Crusade Tidings from Czecho-Slovakia

A feature of the work of the Junior American Red Cross in Czecho-Slovakia has been the introduction in a number of schools of the "Health Game," a slight modification of the Health Crusade to meet local conditions. One of the social workers of the Child Welfare Unit stationed in Prague recently became interested in the case of a boy who had tuberculosis and who was employed at the hotel where she was living. While talking about the boy to one of the hotel officials, she spoke of the prevalence of tuberculosis and what could be done to relieve the situation. The remarks of the hotel man tell an interesting story.

He said, "You Americans are going about it in the right way. You are working with the children. My little boy played the Health Game. He is continually washing; if he isn't bathing he is at least washing his hands or brushing his teeth. Not only he, but the whole family, sleeps with the windows open. We have to.

"It isn't necessary to convince grown people. Just make the children understand the importance of fresh air or anything of that sort and they will educate their parents. The parents will have to give in; they won't have any peace until they do."

This incident occurred at least ten months after the hotel man's child had played the Health Game under the guidance of the Junior American Red Cross representatives.

Mexican Health Poster

The children of Mexico, through their Department of Agriculture and Development, have declared their right to good health on a poster recently issued by Mr. R. P. Denegri, Secretary of the Department. They have "united with their companions of other nations to demand that they be treated like human beings." The banners shown in the accompanying illustration bear the following slogans: "Give us pure milk," "We need fresh air," "We don't want flies," "Give us intelligent mothers," "We want clean clothes," "We demand the registration of our births," "We want to live in clean houses." Mexico's cry is "Hygiene, Hygiene!"

Another poster containing a documentary declaration of young Mexico's rights demands "honorable parents who will care for us; good health; clean, ventilated houses; daily bath in a tub for our exclusive use; proper food for our age and development; pure, fresh water to drink between meals; twenty hours of sleep daily until we are a month old, and seventeen hours up to the time we are a year old; daily outing in the open air when the weather permits; a quiet, airy place to sleep in the day, and ventilation while we sleep at night." They state also that they "need to be left in peace; not to be handled nor squeezed, nor to be taken out to make visits," and that they wish "our mothers to love us very much, but also we wish to be taken care of intelligently."

EL NIÑO MEXICANO SE HA UNIDO A SUS COMPAÑEROS DE OTRAS NACIONES PARA EXIJIR QUE SE LE TRATE COMO A UN SER HUMANO Y SE RESPETEN SUS DERECHOS. SECRETARIA DE AGRICULTURA Y FOMENTO.